



oma tour  
& travels



2025

# WELCOME TO BHUTAN

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Nestled in the Himalayas, Bhutan is a land of stunning landscapes, rich culture, and deep spirituality. Known for its commitment to happiness over wealth and sustainability, this 'Land of the Thunder Dragon' offers a unique and peaceful perspective on life.





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# WELCOME MESSAGE

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## OMA MONGAR

CEO Company

I am writing to introduce myself as your dedicated travel agent, M/s **Oma Tour & Travels**.

We are here to assist you in planning and booking your dream vacations and business trips. With a passion for travel and extensive industry experience, I am committed to providing you with personalized service and creating unforgettable travel experiences tailored to your preferences. As we are one of the renowned Travel agent in Bhutan since **2016** with certified By Department of Tourism in Bhutan.

As your travel agent, I will handle all the details of your trip, from researching destinations and accommodations to arranging transportation and activities. Whether you are looking for a relaxing beach getaway, a thrilling adventure tour, or a seamless business trip, I am here to make it happen.

I understand that every traveler is unique, and I will work closely with you to understand your needs and preferences to create a customized itinerary that exceeds your expectations. My goal is to take the stress out of travel planning so that you can focus on enjoying your journey to the fullest.

I am dedicated to providing you with exceptional customer service, expert guidance, and unbeatable value for that we have a two office located one in Phuentsholing and another at Thimphu for your better services. Let me take the hassle out of travel planning and help you create memories that will last a lifetime.

I look forward to the opportunity to work with you and to help you explore the world in style and comfort. Please feel free to contact me at any time to discuss your travel plans or to inquire about any travel-related services.

Thank you for choosing me as your travel agent. I am excited to be a part of your travel adventures!





# TYPES OF BHUTAN TOURS



## Cultural Tours

These packages focus on exploring Bhutan's rich cultural heritage, architecture, and history. Tourists can visit ancient monasteries, temples, and fortresses (called Dzongs), and witness Bhutan's traditional way of life.

### Key Highlights:

- Paro Taktsang (Tiger's Nest Monastery)
- Punakha Dzong
- National Museum of Bhutan
- Thimphu Dzong
- Traditional festivals like Tsechu

## Adventure Tours

These packages focus on exploring Bhutan's rich cultural heritage, architecture, and history. Tourists can visit ancient monasteries, temples, and fortresses (called Dzongs), and witness Bhutan's traditional way of life.

### Key Highlights:

- Trekking in the Himalayas (e.g., Snowman Trek, Jomolhari Trek)
- White-water rafting on rivers like the Pho and Mo Chu
- Mountain biking and camping
- Paragliding in places like Paro and Punakha



## Luxury Tours

Luxury tours are designed for travelers who prefer high-end accommodations, exclusive experiences, and private services. These packages provide a comfortable and customized experience while exploring Bhutan's beauty.

### Key Highlights:

- Stay in luxury hotels or resorts like Uma by COMO or Amankora
- Private guided tours
- Fine dining and spa experiences
- Customized itineraries for comfort



## Festival Tours

Bhutan's festivals (Tsechus) are colorful celebrations of the country's traditions, culture, and religious practices. These tours give you a chance to witness vibrant dances, rituals, and ceremonies.

### Key Festivals:

- Paro Tsechu (held in the spring)
- Thimphu Tsechu (held in autumn)
- Punakha Tsechu
- Black-Necked Crane Festival (in Phobjikha Valley)



## WELLNESS AND SPIRITUAL TOURS

These tours focus on health, well-being, and spiritual enrichment. Bhutan, known as the “Land of Happiness,” offers peace and serenity, perfect for travelers seeking meditation, yoga, and spiritual experiences.

Key Trekking Routes:

- Meditation retreats at Buddhist monasteries
- Yoga and wellness centers
- Guided mindfulness and meditation in tranquil settings
- Bhutanese herbal therapies and traditional healing practices



## TREKKING AND HIKING TOURS

For trekkers, Bhutan is a paradise with stunning trails and breathtaking views of the Himalayas. Trekking tours usually range from moderate to strenuous, and these packages can include multi-day treks.

Key Trekking Routes:

- Jomolhari Trek (Bhutan's classic trek)
- Druk Path Trek
- Snowman Trek (one of the most challenging treks)
- Dagala Thousand Lakes Trek

## NATURE AND WILDLIFE TOURS

Bhutan is home to diverse flora and fauna, with lush forests, wildlife sanctuaries, and national parks. Nature and wildlife tours are ideal for those interested in eco-tourism and observing Bhutan's wildlife.

Key Trekking Routes:

- Phobjikha Valley (home to the endangered black-necked cranes)
- Jigme Dorji National Park
- Royal Manas National Park (known for tiger and elephant sightings)
- Birdwatching tours
- Botanical tours





## FAMILY TOURS

Family tours are designed for those traveling with children or multi-generational groups. These packages provide family-friendly activities, easy trekking, and educational experiences for young travelers.

### Key Trekking Routes:

- Visit to cultural sites like the National Memorial Chorten
- Family-friendly treks (e.g., easy hikes to monasteries)
- Exploring traditional Bhutanese markets
- Interactive experiences like cooking classes or local arts and crafts workshops



## HONEYMOON TOURS

These are specially tailored for couples looking for a romantic getaway in Bhutan. The serene environment, stunning landscapes, and luxury accommodations make Bhutan a popular honeymoon destination.

### Key Trekking Routes:

- Private picnics in the wilderness
- Stay in luxury resorts or traditional Bhutanese farmhouses
- Scenic walks through the countryside
- Romantic candle-lit dinners with Bhutanese delicacies
- Bhutanese marriage ritual in Lhakhang for Memories.







## PUNAKHA DZONG

**Location:** Punakha Valley

**Why Visit:** Punakha Dzong is one of Bhutan's largest and most impressive fortresses. It sits at the confluence of the Pho and Mo Chu rivers and is known for its architectural grandeur and historical significance.

**Highlights:** The beautiful architecture, the stunning gardens, and the spiritual importance as the place where Bhutan's first King was crowned.

## THIMPHU

**Why Visit:** Thimphu is Bhutan's capital and the cultural hub of the country. It is a mix of modernity and tradition, with traditional dzongs and temples set against the backdrop of scenic mountain views.

**Highlights:**

- Tashichho Dzong: A majestic fortress that houses the King's office and government ministries.
- Buddha Dordenma: A massive Buddha statue that overlooks the valley.
- National Memorial Chorten: A stupa dedicated to the third King of Bhutan, a spiritual landmark for locals.
- The Folk Heritage Museum and Textile Museum for cultural insights.



# HIGHLIGHT OF Bhutan Tours

***"Unveiling the World: A Journey Through the Rich Tapestry of Bhutan's Cultures"***

Bhutan is a captivating country filled with stunning landscapes, vibrant culture, and spiritual landmarks. The main highlights of sightseeing in Bhutan offer a mix of nature, history, culture, and spirituality. Here are the top attractions you should not miss while visiting Bhutan

## TIGER'S NEST MONASTERY (TAKTSANG)

**Location:** Paro Valley

**Why Visit:** This iconic monastery is perched on the side of a cliff and is one of the most recognized landmarks in Bhutan. It's a spiritual and architectural wonder, offering breathtaking views of the Paro Valley and an enriching cultural experience.

**Highlights:** The trek to the monastery is an unforgettable adventure, and the spiritual ambiance inside the monastery is deeply moving.

## PARO VALLEY

**Why Visit:** Paro is home to Bhutan's most famous monastery (Tiger's Nest) and offers a stunning natural landscape of lush forests, rice fields, and traditional Bhutanese architecture.

**Highlights:** Paro Dzong (Rinpung Dzong), the National Museum of Bhutan housed in an old watchtower, and the charming town of Paro with its picturesque settings.

# BHUTAN

## DOCHULA PASS

**Location:** On the road from Thimphu to Punakha

**Why Visit:** A high mountain pass offering panoramic views of the Himalayas, particularly on clear days. The pass is adorned with **108 Chortens** (stupas) and is a popular stop for both locals and tourists.

**Highlights:** Spectacular mountain views, especially of the snow-capped peaks of the Himalayan range.



## PHOBJIKHA VALLEY

**Location:** Central Bhutan

**Why Visit:** A beautiful glacial valley that is famous for its serene landscape and for being the winter habitat of the **black-necked cranes**. The valley is rich in biodiversity and is a haven for nature lovers.

**Highlights:** The **Gangtey Monastery**, views of the valley, and the opportunity to see black-necked cranes during their migration season (November to February).



## JIGME DORJI NATIONAL PARK

**Location:** Western Bhutan

**Why Visit:** This vast park covers a range of ecosystems from subtropical forests to alpine meadows, providing stunning biodiversity and exceptional trekking routes.

**Highlights:** Wildlife sightings (like tigers, snow leopards, and Himalayan blue sheep), hiking trails, and beautiful natural landscapes.



## BUMTHANG VALLEY

**Location:** Central Bhutan

**Why Visit:** Often called the "Spiritual Heart of Bhutan" Bumthang is home to several important monasteries, temples, and a serene landscape of rice paddies, apple orchards, and forests.

**Highlights:** **Jakar Dzong**, **Kurje Lhakhang**, **Tamshing Lhakhang**, and the vibrant local culture. It is also a good base for trekking in central Bhutan.



# BHUTAN



## HAA VALLEY

**Location:** Western Bhutan

**Why Visit:** One of Bhutan's least visited regions, the Haa Valley offers untouched natural beauty, quaint villages, and a peaceful atmosphere. It is ideal for those looking to escape the more touristy areas.

**Highlights:** **Haa Dzong**, traditional Bhutanese villages, scenic drives, and the peaceful ambiance.



## CHELE LA PASS

**Location:** Near Paro

**Why Visit:** It is the highest motorable point in Bhutan at 3,988 meters (13,084 feet). From here, you get incredible panoramic views of the **Himalayas**, including peaks like **Jomolhari** and **Jichu Drake**.

**Highlights:** Beautiful views, particularly at sunrise or sunset, and an opportunity to trek along the pass's scenic trails.

## Tango Monastery

**Location:** North of Thimphu

**Why Visit:** Tango Monastery is one of Bhutan's most revered monasteries and a center of Buddhist learning. It is perched on a hill and offers an excellent hiking trail.

**Highlights:** The stunning views of Thimphu Valley, the serene atmosphere, and a glimpse into Bhutan's monastic life.



## RURAL VILLAGES AND FARMHOUSES

**Why Visit:** Exploring rural Bhutan offers a chance to see the country's traditional way of life. Staying in a farmhouse or village homestay allows visitors to experience the hospitality and culture of the Bhutanese people.

**Highlights:** Traditional wooden homes, farming activities, and the opportunity to interact with locals.



# TREKKING IN BHUTAN

Trekking in Bhutan is a truly unique experience, combining challenging hikes with breathtaking natural landscapes, rich cultural heritage, and a deep spiritual atmosphere. The country's rugged terrain, towering mountains, deep valleys, and remote villages make it a paradise for trekking enthusiasts. Bhutan offers a range of trekking routes, from relatively easy walks to some of the most difficult and remote high-altitude treks in the Himalayas.

Here's a detailed description of trekking in Bhutan, including popular routes, difficulty levels, and what you can expect on the trails.

## Popular Trekking Routes in Bhutan

### *Jomolhari Trek (Classic Trek)*

- **Duration:** 7-10 days
- **Difficulty Level:** Moderate to challenging
- **Altitude:** Up to 4,900 meters (16,076 feet)
- **Region:** Paro, Thimphu, and Jomolhari Mountain
- **Overview:** One of the most popular treks in Bhutan, the Jomolhari Trek takes you through lush valleys, pine forests, and alpine meadows, offering stunning views of the towering Jomolhari (7,314 meters/23,000 feet). This trek is famous for its natural beauty, with clear mountain lakes, traditional Bhutanese villages, and picturesque monasteries along the way.
- **Highlights:**
  - Panoramic views of Jomolhari, Jichu Drake, and other Himalayan peaks.
  - Crossing remote villages like Sharna Zampa and Thangthangkha.
  - Visiting Jomolhari Base Camp, a serene spot surrounded by glaciers and streams.
- **Experience:** Trekking through a combination of forests, meadows, and high-altitude terrains with glimpses of Bhutanese wildlife.

### *Druk Path Trek*

- **Duration:** 5-7 days
- **Difficulty Level:** Moderate
- **Altitude:** Up to 4,200 meters (13,780 feet)
- **Region:** Thimphu to Paro
- **Overview:** The Druk Path Trek is a shorter, easier trek that connects Thimphu and Paro. This route is known for its stunning views of the Himalayas and visits to ancient monasteries. It takes you through forests of rhododendron, pine, and juniper, along with scenic alpine meadows. The trek can be done by trekkers of varying experience levels.
- **Highlights:**
  - Visiting the Jimilang Tsho and Jangchulakha lakes.
  - Stunning views of Mount Jomolhari and Mount Jichu Drake.
  - Experiencing Bhutanese culture and the unique architecture of dzongs (fortresses) and monasteries.
- **Experience:** Easy to moderate trekking with a mix of forested and alpine terrains, perfect for those new to high-altitude trekking.





# TREKKING IN BHUTAN

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# JOMOLHARI TREK

## CLASSIC TREK

**Overview:** One of the most popular treks in Bhutan, the Jomolhari Trek takes you through lush valleys, pine forests, and alpine meadows, offering stunning views of the towering Jomolhari (7,314 meters/23,000 feet). This trek is famous for its natural beauty, with clear mountain lakes, traditional Bhutanese villages, and picturesque monasteries along the way.

### DURATION

7-10 days

### DIFFICULTY LEVEL

Moderate to challenging

### ALTITUDE

Up to 4,900 meters  
(16,076 feet)

### REGION

Paro, Thimphu, and  
Jomolhari Mountain



Trekking through a combination of forests, meadows, and high-altitude terrains with glimpses of Bhutanese wildlife.

## HIGHLIGHTS

- Panoramic views of Jomolhari, Jichu Drake, and other Himalayan peaks.
- Crossing remote villages like Sharna Zampa and Thangthangkha.
- Visiting Jomolhari Base Camp, a serene spot surrounded by glaciers and streams.



# DRUK PATH TREK

## HIGHLIGHTS

- Visiting the Jimilang Tsho and Jangchulakha lakes.
- Stunning views of Mount Jomolhari and Mount Jichu Drake.
- Experiencing Bhutanese culture and the unique architecture of dzongs (fortresses) and monasteries.



## OVERVIEW

The Druk Path Trek is a shorter, easier trek that connects Thimphu and Paro. This route is known for its stunning views of the Himalayas and visits to ancient monasteries. It takes you through forests of rhododendron, pine, and juniper, along with scenic alpine meadows. The trek can be done by trekkers of varying experience levels.

### DURATION

5-7 days

### DIFFICULTY LEVEL

Moderate

### ALTITUDE

Up to 4,200 meters  
(16,076 feet)

### REGION

Thimphu to Paro





## TOUR HIGHLIGHTS

- Trekking through the Lunana region, often referred to as the "most remote part of Bhutan."
- Crossing over 18,000-foot passes (some even higher).
- Magnificent views of snow-covered peaks, glaciers, and pristine landscapes.

# Snowman Trek

### MOST CHALLENGING TREK

The Snowman Trek is often considered one of the most difficult and remote treks in the world. It takes you through the unspoiled wilderness of the Bhutanese Himalayas and crosses several high mountain passes. The trek is challenging due to its length, high altitudes, and unpredictable weather, and is only suitable for seasoned trekkers.

## EXPERIENCE

This trek is a true adventure for those seeking solitude and immersion in Bhutan's rugged beauty.



### DURATION

25-30 days

### DIFFICULTY LEVEL

Very challenging (best for experienced trekkers)

### ALTITUDE

Up to 5,400 meters (17,717 feet)

### REGION

Western and Central Bhutan



# DAGALA

## Thousand Lakes Trek

### OVERVIEW

The Dagala Thousand Lakes Trek takes you through remote mountain passes, alpine meadows, and crystal-clear lakes. The trek is relatively less crowded compared to other routes and offers an excellent opportunity to experience the natural beauty of Bhutan without the usual influx of tourists.

### EXPERIENCE

Moderate difficulty with a mix of alpine terrain, clear lakes, and stunning mountain views.



### INSIGHTS

#### DURATION

7-9 days

#### DIFFICULTY LEVEL

Moderate to challenging

#### ALTITUDE

Up to 4,500 meters (14,764 feet)

#### REGION

Thimphu

### HIGHLIGHTS

- Stunning views of the Dagala Peaks and Thimphu Valley.
- Passing by beautiful, pristine lakes (more than 1,000 in total).
- Opportunities to see wildlife like yaks, blue sheep, and rare birds.

# BUMTHANG

## CULTURAL TREK

## EXPERIENCE

A moderate trek with cultural immersion and moderate-altitude hiking.



## OVERVIEW

The Bumthang Cultural Trek is a wonderful combination of culture and nature, taking you through the beautiful Bumthang Valley. The trek allows you to explore Bhutanese culture, as it passes through historical temples, monasteries, and rural villages.

### DURATION

5-7 days

### DIFFICULTY LEVEL

Easy to moderate

### ALTITUDE

Up to 3,500 meters (11,500 feet)

### REGION

Bumthang Valley



## HIGHLIGHTS

- Exploring the Jakar Dzong, Kurje Lhakhang, and Tamshing Lhakhang.
- Trekking through pine forests and open meadows with views of distant mountains.
- Experiencing rural life in the Bumthang Valley.



# WHAT TO EXPECT ON BHUTAN'S TREKKING TRAILS

- **Diverse Landscapes:** Bhutan's trekking trails take you through varied terrains, from subtropical forests and terraced fields to alpine meadows and snow-capped peaks. Expect stunning scenery at every turn.
- **Cultural Experiences:** Along the way, you'll pass traditional Bhutanese villages, monasteries, and dzongs. You may also interact with locals, who often live in remote, self-sustained communities.
- **Spiritual Sites:** Many of Bhutan's trekking routes pass near sacred monasteries, including some lesser-known ones that provide spiritual solace. Bhutanese trekkers often stop to pray at these sites.
- **Wildlife:** Bhutan's remote areas are home to a rich diversity of wildlife, including snow leopards, tigers, red pandas, and various species of birds. Birdwatchers will particularly enjoy the pristine environment.



## PRACTICAL INFORMATION FOR TREKKING IN BHUTAN

- **Permits:** All treks in Bhutan require a permit, and it's essential to travel with a licensed tour operator. Trekking is strictly controlled to preserve Bhutan's environment and culture.
- **Guide and Porter:** A licensed guide and porter are mandatory for most treks. They ensure your safety, provide insights into Bhutanese culture, and carry your gear.
- **Physical Fitness:** Trekkers should be in good physical condition, especially for more challenging treks like the Snowman Trek. Acclimatization to altitude is also crucial.

# SPECIALIZED IN BHUTAN, NEPAL & TIBET TOUR

## Nepal Tour

Nepal, known as the birthplace of Lord Buddha and the gateway to the Himalayas, is a treasure trove of cultural landmarks, spiritual sites, and natural wonders.



## HIGHLIGHTS

### Kathmandu Valley

- **Kathmandu Durbar Square:** A UNESCO World Heritage Site with palaces, temples, and historic buildings.
- **Swayambhunath (Monkey Temple):** An ancient stupa with panoramic views of Kathmandu and surrounding mountains.
- **Pashupatinath Temple:** One of Nepal's holiest Hindu temples, located on the Bagmati River.
- **Boudhanath Stupa:** A massive and sacred stupa for Tibetan Buddhists, ideal for spiritual reflection.

### Pokhara

- Known for its serene beauty, Pokhara lies between the Annapurna Range and Phewa Lake, great for trekking and nature.
- Sarangkot: A vantage point offering sunrise views over the Himalayas, including Machapuchare (Fish Tail Peak).
- Devi's Fall and Gupteshwor Cave: Two natural wonders near Pokhara.

### Everest or Annapurna Region

- **Everest Base Camp Trek:** A classic trek to experience the highest mountain on earth.
- **Annapurna Circuit:** A popular trekking route with diverse landscapes and stunning views of Annapurna I, Machapuchare, and Dhaulagiri.



### Suggested Nepal Itinerary

- Day 1-2: Arrive in Kathmandu, visit key landmarks like Swayambhunath, Pashupatinath, Boudhanath, and Durbar Square.
- Day 3-4: Fly to Pokhara, explore Phewa Lake, Sarangkot, and Devi's Fall.
- Day 5-7: Optional trek in the Annapurna region or the Everest Base Camp for more adventure.
- Day 8: Fly to Lhasa, Tibet.



# HIGHLIGHTS



## Lhasa

- **Potala Palace:** The former winter residence of the Dalai Lama, with stunning architecture and views of the city.
- **Jokhang Temple:** The most sacred site in Tibetan Buddhism, where pilgrims gather for prayer.
- **Barkhor Street:** A lively market around Jokhang Temple, offering Tibetan crafts and religious items.
- **Norbulingka Palace:** The Dalai Lamas' summer palace, featuring beautiful gardens and Tibetan architecture.

## Gyantse

- **Kumbum Stupa and Pelkor Chode Monastery:** Important historical and cultural sites.

## Mount Everest (North Base Camp):

- Visit the North Everest Base Camp for a breathtaking view of the world's highest peak. A physically demanding but rewarding journey.

## Namtso Lake

- A sacred, high-altitude lake, perfect for reflection and photography.

# TIBET TOUR



# TIBET TOUR

Tibet, the “Roof of the World,” is famous for its breathtaking landscapes, Buddhist monasteries, and rich cultural heritage. Lhasa, the capital, is the spiritual heart of Tibet, home to some of the most important monasteries and landmarks.

## Suggested Tibet Itinerary

- **Day 1-2:** Arrive in Lhasa, visit Potala Palace, Jokhang Temple, Barkhor Street, and Norbulingka Palace.
- **Day 3:** Visit Drepung Monastery and Sera Monastery.
- **Day 4-5:** Travel to Gyantse to see Kumbum Stupa and Pelkor Chode Monastery.
- **Day 6-7:** Travel to Mount Everest Base Camp (North) and enjoy views of the Himalayas.
- **Day 8:** Return to Lhasa for departure.
- **Day 9:** Fly to Paro, Bhutan.



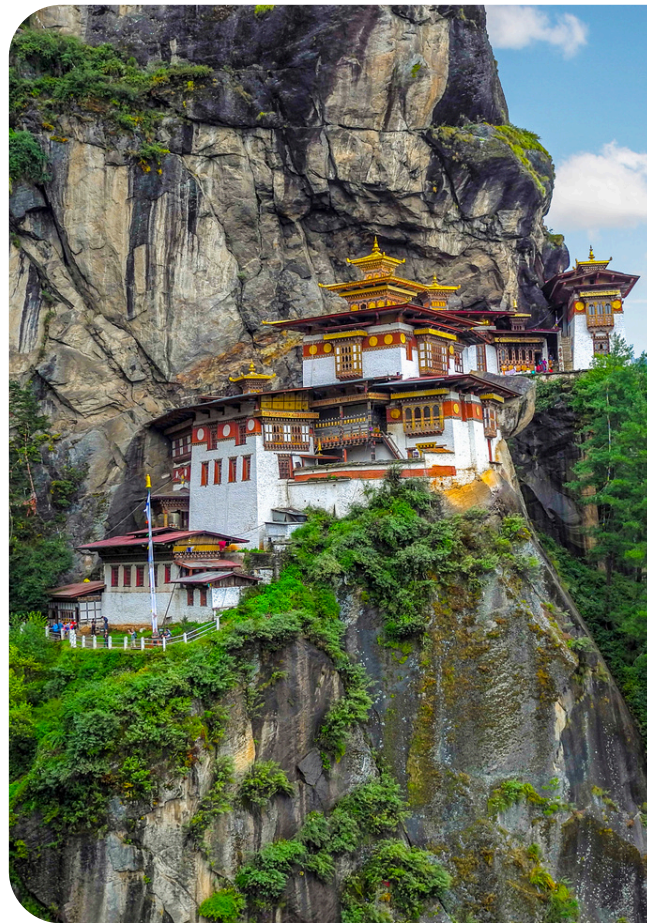


# BHUTAN TOUR

Bhutan, the last Shangri-La, is a kingdom full of vibrant culture, traditional architecture, and stunning natural landscapes. Known for its philosophy of Gross National Happiness, Bhutan offers a peaceful and spiritual environment for travelers.

## Suggested Tibet Itinerary:

- Day 1: Arrive in Paro, visit the National Museum of Bhutan and Rinpung Dzong.
- Day 2: Hike to Tiger's Nest Monastery.
- Day 3: Drive to Punakha, visit Punakha Dzong and Chimi Lhakhang.
- Day 4: Visit Phobjikha Valley and Gangtey Monastery.
- Day 5: Explore Thimphu, visit Buddha Dordenma, Tashichho Dzong, and National Memorial Chorten.
- Day 6: Depart for Kathmandu, Nepal.



## HIGHLIGHTS

- **Paro Taktsang (Tiger's Nest Monastery):** A stunning and spiritually significant monastery perched on a cliff in the Paro Valley, offering breathtaking views.
- **Punakha Dzong:** A beautiful fortress at the confluence of two rivers, known for its impressive architecture and historical importance.
- **Thimphu:** Bhutan's capital, home to the Buddha Dordenma statue, Tashichho Dzong, and the National Memorial Chorten.
- **Phobjikha Valley:** A serene valley, famous for its winter habitat of black-necked cranes.
- **Dochula Pass:** A scenic pass with panoramic views of the Himalayas, adorned with 108 chortens.



# SUGGESTED TRAVEL ROUTE



A Nepal, Tibet, and Bhutan tour is best done sequentially, starting in one country and traveling by flight or overland to the next destination. The most logical route is:

- **Start in Nepal:** Begin with exploring Kathmandu and Pokhara, then move on to a trek in the Everest or Annapurna regions if you are inclined toward trekking. Finish your Nepal visit with a flight to Tibet.
- **Tibet Next:** Fly from Kathmandu to Lhasa, Tibet, and explore the spiritual and cultural treasures of Tibet. You can continue to Gyantse, and then head to Mount Everest Base Camp.
- **End in Bhutan:** Finally, take a flight from Lhasa to Paro, Bhutan. Visit Bhutan's iconic landmarks like Tiger's Nest Monastery, Punakha Dzong, and the Thimphu Valley.



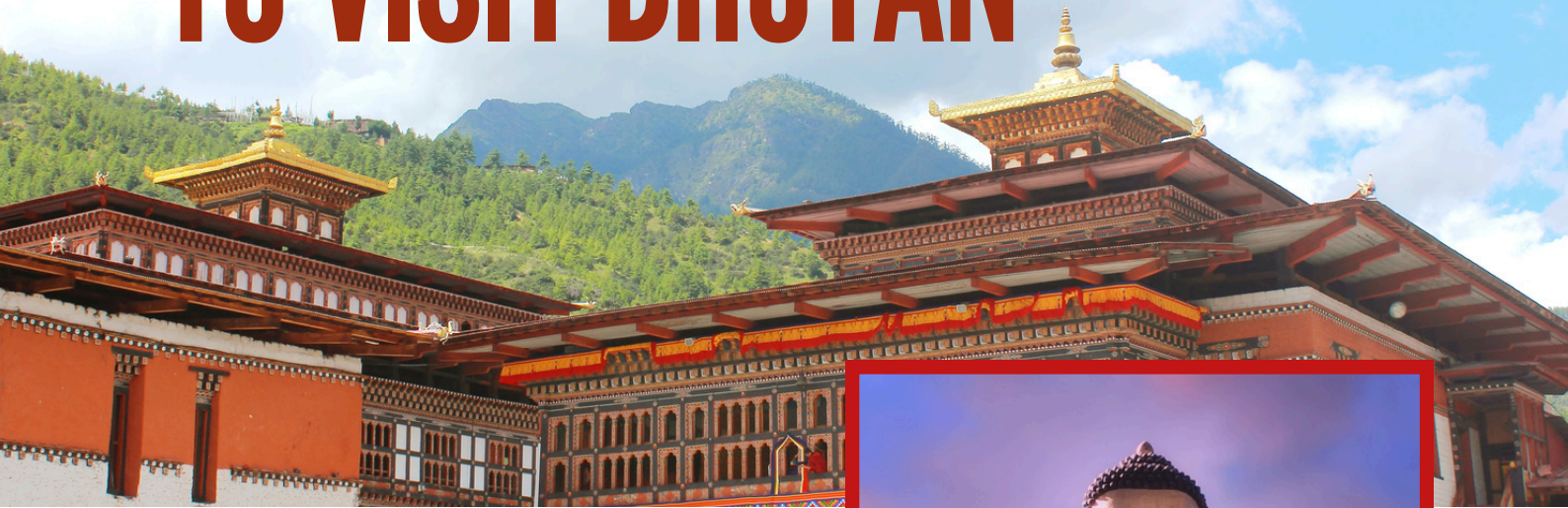
## Tips for Traveling in Nepal, Tibet & Bhutan

- **Visas and Permits**
  - **Nepal:** Visa on arrival for most nationalities (valid for 15, 30, or 90 days).
  - **Tibet:** You need a special Tibet Travel Permit issued by a licensed travel agency. You cannot travel independently in Tibet.
  - **Bhutan:** A visa is required, but it can only be arranged through an authorized Bhutanese tour operator, who also arranges all permits.
- **Altitude Considerations**
  - All three countries have high-altitude destinations, especially in Tibet and Bhutan. Be sure to acclimatize to avoid altitude sickness.
- **Best Time to Visit**
  - **Nepal:** March to May and September to November (ideal for trekking).
  - **Tibet:** April to October (weather is more temperate and accessible).
  - **Bhutan:** March to May and September to November (for pleasant weather and trekking).
- **Guides and Tours**
  - Traveling in Tibet and Bhutan requires guided tours with licensed operators. This ensures you follow local regulations and can access restricted areas, such as monasteries and cultural sites.



## DOCUMENTS REQUIRED

# TO VISIT BHUTAN



### International Tourist

Passport with visa approve by Department of Tourism For International Tourist.(Pre Visa Applied).

Clear Passport Size Photo.

### Regional Tourist

Passport or Voter card for Regional Tourist & Below 18 Birth certificate is Required.(Visa or permit on arrival)

## SUSTAINABLE DEVELOPMENT FEES (SDF)

**Indian Nationals** visiting Bhutan needs to pay certain amount as SDF as mentioned below;

**Adult - INR 1200/person/night**

**Children - 5-12 Years: INR 600/child/night**

**Children - 5 Years & below - Free of cost**

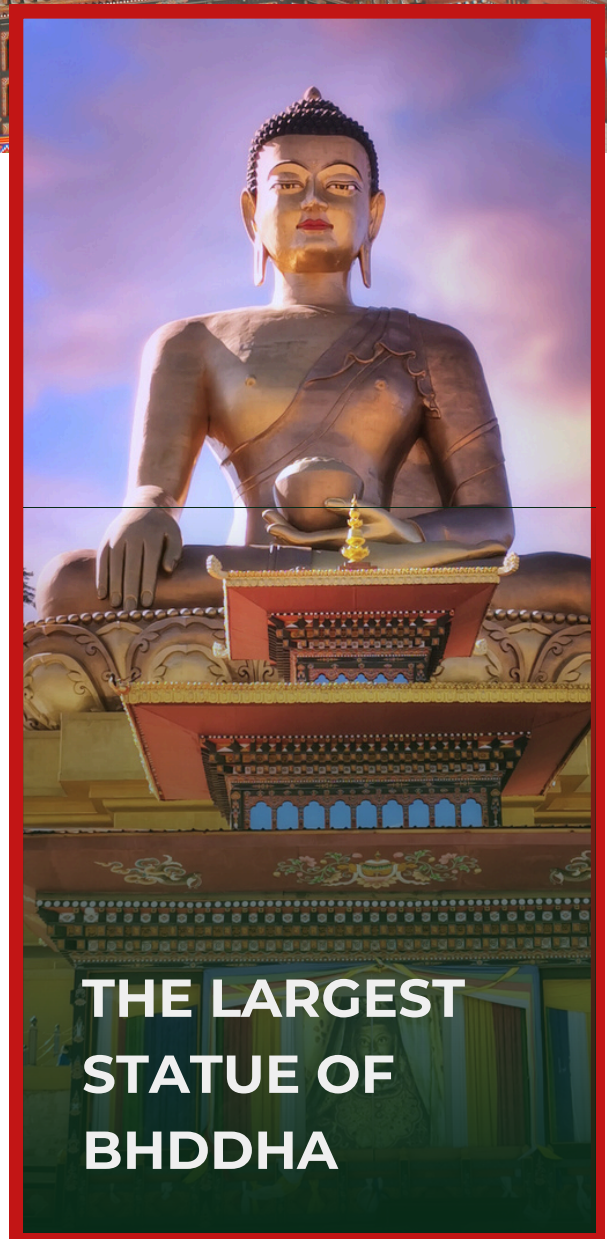
**International Tourist** visiting Bhutan needs to pay certain amount as SDF as mentioned below;

**Adult: USD 100/person/night**

**6 years- 12 years: USD 50/person/night**

**5 years & below: Not applicable**

**USD 45/- Visa Fees per person for one time is applicable for all International tourist**



**THE LARGEST  
STATUE OF  
BHDDHA**



# NOTIFICATION ON ENTRANCE FEES

**This is to inform all our valuable guest that government have revised the monuments and sacred sites fees which will be applicable for all the national travelling to Bhutan;**

- Tiger's Nest Monastery: Nu. 1000/- per person
- Tashi Chho Dzong: Nu. 500/- per person
- Thimphu Memorial Chorten: Nu. 500/- per person
- Changangkha Lhakhang: Nu. 500/- per person
- Kichu Lhakhang: Nu. 500/- per person
- Paro Rinpung Dzong: Nu. 1000/- per person
- Punakha Dzong: Nu. 500/- per person
- Chimmi Lhakhang: Nu. 500/- per person
- Buddha Dordenma, Thimphu: Nu. 1000/- per person
- Simtokha Dzong: Nu. 1000/- per person
- JangtsaDungtse Lhakhang, Paro: Nu. 1000/- per person
- Dobji Dzong, Paro: Nu. 1000/- per person
- Trongsa Dzong: Nu. 1000/- per person
- Jampa Lhakhang, Bumthang: Nu. 1000/- per person
- RinchenDingGoenpa, Phuentsholing: Nu. 1000/- per person
- Palden Tashi Choling Sedra, Phuentsholing: Nu. 1000/- per person
- Children below 18 years will be granted 50% concession and child below 5 years will be exempted from paying entry fees.



## FAQ

### **When is the best time to visit bhutabn?**

The months between September and November and those between March and May are the best time for Bhutan tour.

### **What currency is used in Bhutan?**

Bhutan's currency is called ngultrum. It's 1:1 with Indian rupees.

### **Do I need a visa to enter Bhutan?**

Visitors of all nationalities, except those from India, require a visa before entering Bhutan. For all visitors, except those from Bangladesh and the Maldives, this visa must be applied for and approved in advance of travel.

### **Any nationalities restricted from being granted a visa?**

No, there are no restricted nationalities in Bhutan.

# What Our Clients Says?

## Aaron Gonsalves

Our 7-day Bhutan trip was fantastic. Guide Tshewang was professional, kind, and knowledgeable. It was a great trip to remember. I would recommend this travel agency



## Glance Fashion

Just heading back home from a 7 day trip to Bhutan. Overall we had a fantastic trip. Must visit. Thanks much for everything. Highly recommended.



## Hemanta San

One of the best service provider to heavenly visitors .



## Arif

Oma Tours provided an excellent experience! The team was professional, organized. Highly recommended for anyone looking for a seamless and memorable journey.



## Samira Hadid

Their arrangements was good. Mr. Tshewang is very humble & Knowledgeable. I recommend to visit with Mr. Tshewang in Bhutan. Thanks to Kiran & Oma for nice Management.



## Sonali Sen

Working with Olivia has been an incredible journey of self-discovery and success. I highly recommend her to anyone seeking positive change.



## Vivek Matani

I'm grateful to have Olivia on my side. Her empathy and strategic approach have made a significant positive impact on my life.



## Martin

This Travel agency exceeded our expectations! The team was incredibly helpful, and the entire trip was seamless and enjoyable.



## Tsewang

Travels leaves u speechless,than turns u to a story teller. Highly recommended travel agent around phuentsholing Bhutan.



## Imran Hasan

They made our vacation effortless, with excellent customer service and perfect travel planning.







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